

1) Log in cp.blacknight.com and click on More Services

Subscriber **Damian Nolan (Account ID: 1059724)** Logout
Subscription Linux Minimus (ID:1238178)

Home Websites Diskspace Usage E-mail Special Offers Help & Support **Account** **More Services** Application Vault Users

Screen ID: 2.21.20.01 Refresh

Information: You have an unread news message from your provider. [Read Now](#)

Service Information

Subscription Linux Minimus (ID:1238178)

Diskspace 391.6 MB used of 10 GB

Traffic 384.9 MB used of 200 GB

MySQL Databases 2 unit used of 30 unit

Account

Outstanding Invoices 0.00 EUR

- Financial Documents
- Admins
- Subscriptions
- Payment Methods
- Change Password

More →

Users

2) Click on Databases

Parallels Panel > More Services > Screen ID: 2.21.10.01 Refresh Up Level

More Services

This is where you can manage special features of your current subscription.

- AWStats Web Statistics**
Manage AWStats log processing parameters.
- Databases**
This section allows you to manage your database(s) and its users.
- Backups**
This section allows you to backup your mail, web and databases data and manage your backup files by deleting or restoring this backup data. Note that the Restore Backup procedure restores the user data.

3) Click on the database in question, which in this case is db1238178_myblog

Parallels Panel > More Services > Screen ID: 2.11.35.01 Help Refresh Up Level

Databases

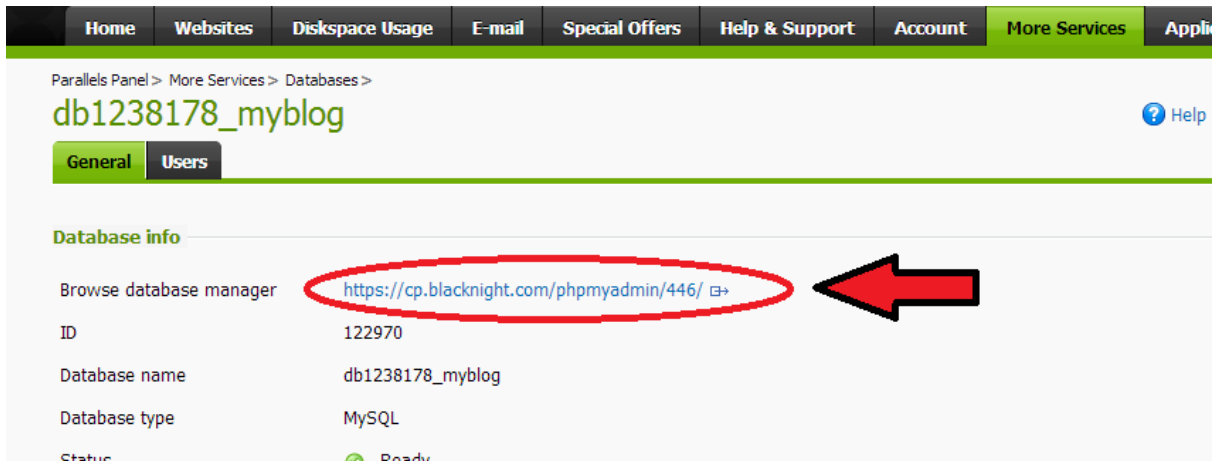
+ Add New Database - Delete

2 total | Show Search Items per page 25 50 100

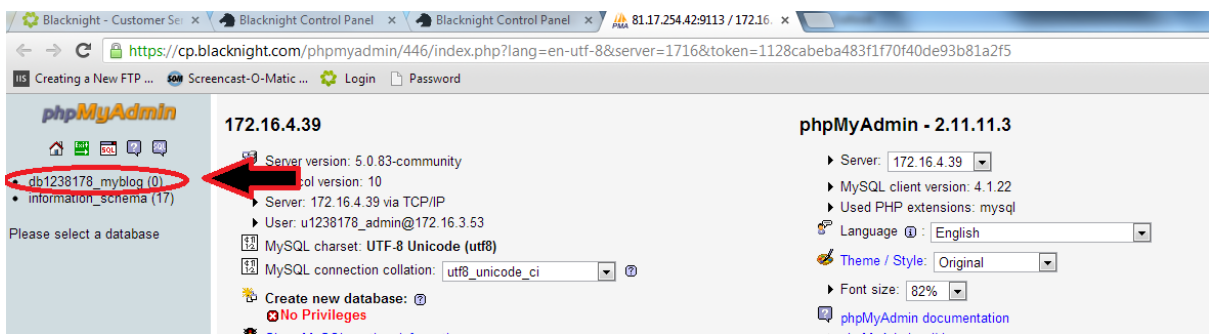
ID ^	Database name	Type	Status
121499	db1238178_dave	MySQL	Ready
122970	db1238178_myblog	MySQL	Ready

2 total Items per page 25 50 100

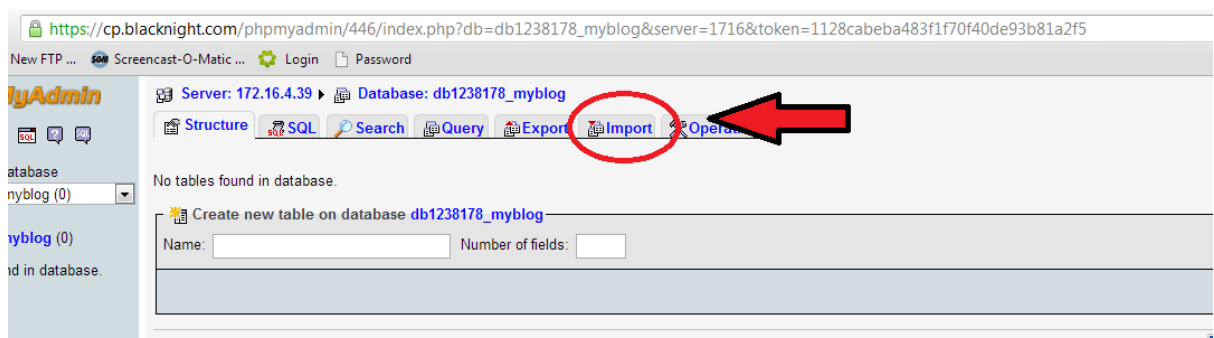
4) Now click on the Database Manager Link



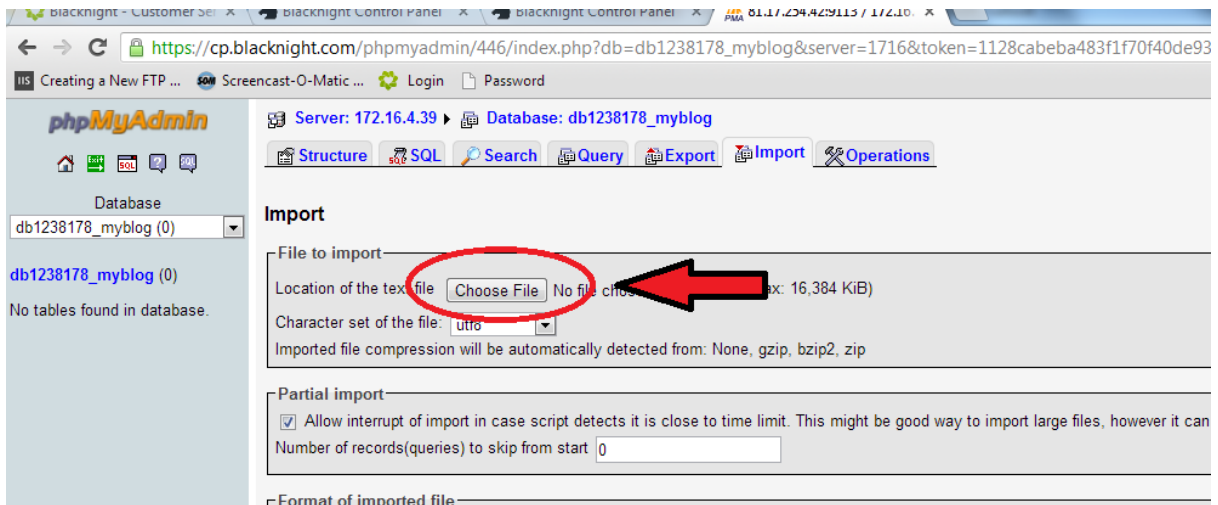
5) This will open your phpmyadmin interface in a new tab or window, phpmyadmin is the database management for MySQL Databases. Click on your database in the top left hand corner of the screen



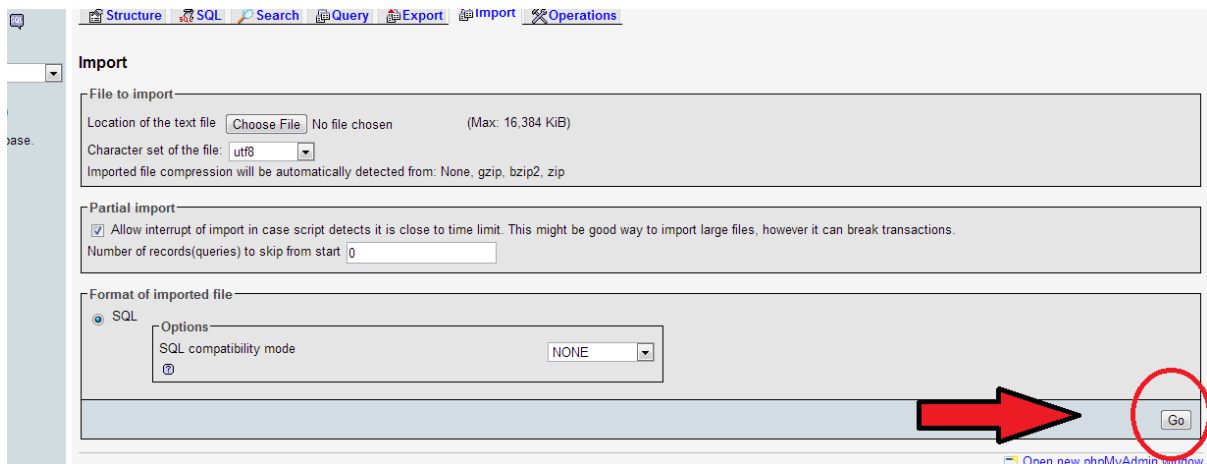
6) Now click on the Import tab at the top of the screen



7) Now click on Choose File and choose the file you are you wish to upload



8) Now scroll down and click on Go in the bottom right hand corner



That may take a short while to complete, depending on the size of the database you are importing